



EDAC Junior Induction

MEMBERSHIP FORMS can be downloaded here - https://www.eastdownac.co.uk/?page_id=262

FEES

- Junior Membership £25 payable annually in March.
- £1 per night attended
- Reduction for siblings and family options. (See membership section of EDAC website for all rates).
- **BANK DETAILS:** Ulster Bank Account number: 10584605 Sort code: 98-05-40

PARENT ROTA

- For the junior section of the club to run smoothly we require help from parents.
- A condition of membership is that parents help. If we do not have help, we would be unable to provide training for juniors.
- We have a rota and currently require one parent per session.
- Commitment would be once every 3-4 months.
- Maureen Kelly compiles the rota and it will be posted on the WhatsApp group.
- Changes to the rota are the responsibility of the parents.

ROLES OF PARENT WHEN VOLUNTEERING

- A supporting one.
- No running experience is necessary.
- Mainly to provide an extra set of hands in case something unexpected happens.
- Coaches deal with issues while the parent helper watches the kids.
- Parents can also get involved a bit with training by helping lay cones, watch finish lines and of course provide encouragement to the kids.

TRAINING

- Training is held Monday & Thursday 7-8pm. Children are expected to be ready to start at 7pm.
- They should arrive promptly and sign in. Payment is £1 per session and should be brought each night.
- It is important that they wear appropriate athletic gear.

- A water bottle is also advisable.
- Please ensure that your child has gone to the toilet before arriving. Currently there are no facilities we can use so if they need the toilet, parents will be contacted to come & pick them up.
- They should only attend training if they are able to run and keen to take part.

CODE OF BEHAVIOUR:

- Please get your child to read and bring a signed copy of the Code of Behaviour to the first training session.

TRAINING LOCATIONS - please check venue for your first session.

- Down High School Training pitches - (APRIL to SEPT only). These are accessed from Church View and driving past Downpatrick Primary School.
- EDAC club rooms - Ballydugan Estate (Action Mental Health Premises)
- Dunleath Playing fields.
- Bus Station Car Park
- **CAR PARK SAFETY** - Please reverse park when dropping off & picking up and be child aware!

COACHES

- Paul Burns
- Peter Morgan

ASSISTANT COACHES

- Patricia Kearney
- Jean Erskine

Coaches give their time freely and we are incredibly grateful for this. They must be treated with respect.

CHILD WELFARE OFFICERS

- Paul Burns (07890 556976) Patricia Kearney (07989570473)

JUNIOR WHATSAPP

- The club has a junior WhatsApp group.
- Used to convey more time sensitive information like changes to training schedules (cancellations if weather is inclement), rota information & rota changes. This is the main 'day-to-day' communication method.
- Race information will also be posted on the WhatsApp group.

- If you wish to stay up to date, can you please provide a contact mobile number so you can be added to this group.

CLUB KIT

- Club vest are available from the club at a cost of £10. Athletes are expected to wear club vests when representing EDAC at races.
- Other club gear is available to order through TeamwearIreland.com but there can be a wait on delivery. <https://www.teamwearireland.com/east-down-athletics-club-2021-1041-c.asp>
- There is no obligation to buy EDAC kit other than the vest for racing when it commences.

INDUCTION OFFICER

Marguerite Robinson (marguerite@dundrumphysio.co.uk). Marguerite is the point of contact for all issues relating to the induction process.

GENERAL INFORMATION

- **Further information** about EDAC can be found on the EDAC website www.eastdownac.co.uk.
- https://www.eastdownac.co.uk/?page_id=383 is the link to Child Protection/Photographic Consent/Privacy Policies.