



## CODE OF BEHAVIOUR - Junior Athletes

East Down Athletics Club is here to help you enjoy the sport of athletics and to ensure your safety and wellbeing while you are taking part. By signing the code of behaviour, you are promising that you will do your bit to help make this happen.

I will do my very best to: -

- Respect coaches and **all** volunteers who are giving up their time for ME.
- Respect other members and be friendly to any newcomers.
- Always listen carefully to instructions.
- Avoid “bad language” or unkind words that may offend others.
- Arrive promptly, sign in and pay my £1.
- Look after my own belongings and things that belong to others.
- Treat club equipment and premises with care.
- Wear suitable athletic gear (to include coat and/or Hi Vis as needed).
- Wear EDAC kit when representing the Club.
- Only attend training if I am fit and able to run and take part in full.
- Enjoy myself!

**Signed by: - \_\_\_\_\_ on \_\_\_\_\_ (date)**

As places in the Juniors Section are in high demand, we want you to make the most of your slot. We have a long waiting list, and it is not fair to take a place unless you are going to attend regularly and represent the Club. Please keep us up to date with any issues that prevent that.

Juniors will never be judged on how well they perform but, on their enthusiasm, and willingness to give their best at sessions and to represent the Club in competition.