

East Down Athletics Club

Junior Club Membership Rules

East Down Athletic Club is fully committed to safeguarding and promoting the well-being of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club must at all times, show respect and understanding for the safety and welfare of everybody. Therefore all members are encouraged to be open at all times and share any concerns or complaints that they may have about any aspect of the club with any member of the **Management Committee – i.e. Junior Club Co-ordinator, appointed Child Protection Officer(s).**

All junior members must abide by the following rules and will be subject to the Code of Behaviour:

1. All members must, as far as possible, be kept safe from harm while they are at, or representing the club.
2. No member associated with the club must ask anyone to keep secrets of any kind.
3. Members are not allowed to drink alcohol, smoke or take drugs of any kind whilst attending the Club and must not participate in any club activity whilst under the influence of alcohol or drugs. Members shall also not promote or sell any drugs to anyone whilst participating, representing or supporting the club in any activity.
4. Members will respect the coaches, officials and administrators within the club and remember that they are giving their time and expertise freely. (Members are encouraged to express gratitude to officials when competing in events).
5. **Members will follow the instructions of the coaches and club officials when on club premises and during training sessions.**
6. Members must try to be on time for sessions and competitions so as not to disrupt the smooth running of the club. **East Down Athletics Club's responsibility for your child starts when he/she is signed into the training at the start every training session. Prompt delivery and**

collection of athletes by parents is essential or their membership may be forfeited.

7. Members must pay any fees in relation to membership of the club or club activities on time unless another arrangement is reached with the club Treasurer.
8. Members will take care of all property belonging to the club or any member, including all facilities and equipment used by the club.
9. Members are responsible for caring for their own equipment, clothing and property and they must ensure that it does not endanger anyone either at training sessions or competition.
10. No jewellery or unsuitable clothing or footwear must be worn during practical sessions (weather appropriate clothing should be worn for all outdoor training sessions).
11. Members must endorse the **Fair Play Policy** of the club and act in accordance with the Policy at all times.
12. It is recommended that only a light snack should be consumed two hours prior to all training sessions.
13. Any member that is injured and unable to participate fully in the training session should not attend.

Behaviour Code

All members are expected to adhere to the above rules. Failure to comply will result in the following action, **especially in relation to disregard for Rule 5;**

1. **After 2 breaches** of the rules the member will be issued with **an orange card.**
2. In the event of **a third occurrence** the member will be issued with **a red card** (final warning)
3. If any other incidents occur **a two week suspension** will be put in place
Parents will be notified of the issuing of all cards.

Race participation

Members will be expected to **compete in or assist at** races and sporting events in which the Club is involved. If a member fails to compete in or help in any competitions during the year, their membership may not be automatically renewed except in exceptional circumstances. If a waiting list of potential new members exists, those on it will be offered membership ahead of the renewing member.